



Postgraduate Certificate

Family Therapy and Systemic Practice

Commencing February 2018

Royal University of Phnom Penh (RUPP)

Department of Psychology

Russian Federation Boulevard, Toul Kork, Phnom Penh, Cambodia



កិច្ចសហប្រតិបត្តិការ
អាល្លឺម៉ង់

DEUTSCHE ZUSAMMENARBEIT

អនុវត្តដោយ:

giz Deutsche Gesellschaft
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Ziviler Friedensdienst
Civil Peace Service

Course Overview

This training is designed for practitioners who work with individuals, families and broader interagency systems. In this postgraduate certificate course trainees are introduced to core working concepts and key ideas from Family Therapy and Systemic Practice. There is a main focus to on developing links between theory and practice, particularly with regard to the Cambodian context.

A systemic approach considers the network of significant relationships of which each individual is a part of. It explores the beliefs that give meaning to people's behavior and the patterns of interaction and communication between people from families and different systems. The course will provide a significant opportunity for interdisciplinary learning by gathering a group of experienced professionals who bring profound proficiency from their field.

The course structure fosters reflective practice with an emphasis on self-awareness for personal development and the immediate implementation of new knowledge in workplace-based cases supported by exercises, case work, peer consultation and supervision. The teaching will comprise lectures, demonstration, experiential exercises, and group work.

Entry Requirements

This qualification is intended for people who have practised in their profession for at least 2 years and who are striving to apply Family Therapy within their work place. In order to complete the course, course participants will need to be currently active psychologists, counselors, social workers or psychiatrists. Applicants who have no degree in the aforementioned profession but have years of relevant experience can be accepted to this course under certain conditions.

The training group will only comprise around 10 -12 participants to ensure an intimate and intensive learning atmosphere.

Structure of the training

The course is structured on 2-day/ 2,5-day modular basis with four modules which comprising teaching, demonstrations and group exercise as well.

The fifth graduation module will complete the training with presentations of conducted projects or family therapy cases or application in group settings. During the time between the teaching modules the participants are requested to attend 16 hours of peer consultation and 12 hours of group supervision with a supervisor assigned by the program.

Curriculum

The curriculum has been carefully designed to fulfill the aims of a foundational level training course and to address and help to develop proficiency in systemic approach skills with regard to the current stage of the existing professional practice in Family Therapy and counseling in Cambodia.

Teaching Modules and Practical Assignments

Module I:

Working concepts of Family Therapy/ Special: Solution Focused Brief Therapy

In this module, we will give an overview about general working concepts emerged from the wide scope of various schools of Family and Systems Therapy.

We will provide in-depth teaching and skills training based on the Solution Focused Brief Therapy approach given its high relevance for the current stage of often limited psycho-social service in Cambodia.

Practical Assignment I

The participants are expected to work in peer groups (four hours) on assigned exercises and own counseling/ clinical cases. These peer consultations have to be logged. Each participant should meet with her or his supervisor at least for two group supervision sessions (1,5 hours respectively). The trainees have to fulfill reading assignments.

... because family matters!

Module II

With regard to assessment a focus will be on the work with genograms and how to use this tool to explore family resources and strengths. We will consider the trans-generational perspective in family therapy, working in-depth with genograms and learning more about relationship patterns which are transmitted from one generation to the next. We will discuss respective concepts like triangulation and differentiation of self, related to the cultural context in Cambodia.

Practical Assignment II

The participants are expected to work in peer groups (four hours) on workplace-related cases and assigned exercises. These peer consultations have to be logged. Each participant should meet with her or his supervisor at least for two group supervision sessions (1,5 hours respectively). The trainees have to fulfill reading assignments.

Module III

In this module, we will look at the different stages in Family therapy.

We will learn about problem-maintaining behavior patterns, beliefs and narratives, contextual and constitutional factors in general and discuss their relevance within the Cambodian context. We will reflect on common presented (family related) problems in Cambodia and introduce interventions which address activation of personal und systems resources.

Practical Assignment III

The participants are expected to work in peer groups (four hours) on workplace-related cases and assigned exercises. These peer consultations have to be logged. Each participant should meet with her or his supervisor at least for two group supervision sessions (1,5 hours respectively). The trainees have to fulfill reading assignments.

Module IV

Family Therapy and Systemic Practice

In this module we will focus on Family Therapy practice. We will learn how to work with distressed couples and help them to change constraining patterns of communication or even domestic violence.

A further emphasis will be put on child- and adolescent-focused problems covering parenting and conduct problems. With regard to the current challenges in Cambodia we will learn about Community Family

Therapy and its implications related to re-integration of children and young people from residential care and shelters.

Practical Assignment IV

The participants are expected to work in peer groups (four hours) on work-place related cases. These peer consultations have to be logged. Each participant should meet with her or his supervisor at least for two group supervision sessions (1,5 hours respectively). The trainees have to document a specific project or Family therapy intervention conducted by themselves.

Graduation Module

Within a group setting of peer consultation and the presence of course staff each participant is requested to present the documentation (videotape, audio, poster/ photo presentation) of his or her project/ Family therapy intervention and provides professional evaluation related to theoretical considerations. The training group is invited to discuss the presented material and to give constructive feedback. Additionally, the trainees are requested to establish a course portfolio on their application of the course content into practice.

Participants are supplied with a general reading list, hand-outs on material of interest, employed work sheets, and specific reading assignments related to the subjects under discussion in a particular module.

The logging of the completed group work and the completed group supervision sessions have to be submitted.

A written evaluation of one work-related case/ project in relation to a selected theoretical framework is required for those trainees who aspire for the *Postgraduate Certificate* Family Therapy and Systemic Practice. Participants without a related Master degree will get a *certificate* in Family Therapy and Systemic Practice.

Breakdown of hours over the course

Teaching/attendance hours	82 hours
Reading time	28 hours
Written work	12 hours
Peer consultation	16 hours
Supervisor contact hours	12 hours
Total	150 hours

Assessment for the Certificate in Family Therapy and Systems Practice

- Attendance of 100% of course hours
- Submission of documentation about a specific project or Family Therapy intervention (and its written evaluation)

RUPP Training Family Therapy and Systemic Practice 2017

Course Staff

Instructors

Ms. Bernhild Pfautsch

GIZ development advisor/ Department of Psychology
Royal University of Phnom Penh
Rehabilitation Psychologist, Family Therapist (SG) and Systemic
Therapist for Children and Adolescents. Practitioner in private practice
working with Children, Adolescents and Families for many years:
Family Therapy, Group Therapy for Children, Parenting Training, and
Professional Advice for Teachers, Foster Families and Children's
Home Workers.

Ms. Anna Huisman

Freelance Transcultural Family Therapist
Family System Therapist and Senior social worker with over 25 years
of experience in individual, groups and family therapy and
counselling, including solid creative therapy skills and proven
flexibility and communication competencies; experienced in working
with traumatized clients in different cultural settings, teambuilding
and counselling within a transcultural environment, and committed
to work and live in Cambodia.

John K. Miller, Ph.D., LMFT

Professor School of Social Development and Public
Policy Department of Social Work Fudan University
Shanghai, China
Dr. John K. Miller is a former President of the *Oregon Association for
Marriage and Family Therapy* (OAMFT), former member of the
Board of Directors of the *American Association for Marriage and
Family Therapy* (AAMFT) Special Editor of International Affairs for
the *Journal of Marital and Family Therapy* (JMFT)

Supervisors

The group supervision sessions for the participants will
be provided by Anna Huisman.

Administration Staff

Ms. Channika Pot

MA in Clinical and Counseling Psychology, Local
Psychological Expert to the Master's Program of Clinical
and Counseling Psychology
Phone: 012 713 524 Channika_pot@yahoo.com

Course fees

Teaching Module (each)	100 USD
Contribution to Supervision fee (in total)	60 USD
Graduation Module/ Certificate fee	60 USD
Course Material	10 USD
Total	530 USD

The fees have an installment plan. For full information
please contact Ms. Pot Channika.

Reduced rates can be negotiated in justified cases.

How to apply

Applicants should be psychologists, social worker or
psychiatrist holding at least a BA in the related field
with at least two years of experience in counseling/
working with clients. Applicants without a degree
but with years of relevant experience are
encouraged to apply for the course and can attain a
certificate. You should ideally have the opportunity
to apply Family Therapy or Systemic Practice at
your working place.

Interviews with candidates (using Skype in some
circumstances) will be held during November and
December 2017. If you would like to apply, please
request the application form and return it to:

Department of Psychology/ RUPP
Master's Program in Clinical and Counseling
Psychology
Ms. Pot Channika Channika_pot@yahoo.com
Ms. Bernhild Pfautsch Bernhild.Pfautsch@giz.de

Course period of time (tentative)

Module I	February	2018
Module II	March	2018
Module III	May	2018
Module IV	July	2018
Graduation Module	August	2018

Refreshments and lunch are included during the
teaching modules.

**Be part of comprehensive
Family Therapy Training to address
family needs in Cambodia!**